

ACT Training Ride SE Loop-Verona-Olin		Cell Phone	
Ride Leader:			
Ride Leader:			
Go	Onto	Miles	Total
	Start Olin Park		
L	John Nolen Bike Path(S)	1.2	1.2
R	Capital City Trail	1.7	2.9
L	Lake Farm Road	1.6	4.5
R	Goodland Park Road	0.8	5.3
L	Lolar Rd	2.2	7.5
R	Hwy B	0.3	7.8
L	Hwy MM	0.3	8.1
R	Byrne Road	2.0	10.1
R	Caine Road	0.6	10.7
L	Whalen Road	5.2	15.9
R	County PB	0.9	16.8
R	Military Ridge Bike Trail	2.7	19.5
S	Hwy 18-151 Frontage Road	0.9	20.4
R	Capital City Trail	1.0	21.4
L	Seminole Highway	1.2	22.6
R	Arboretum Drive	3.0	25.6
R	Wingra Creek Bike path	1.6	27.2
S	Into Parking Lot	0.1	27.3
	Olin Park		

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