

ACT Training Ride			
Vilas to Verona, Riley, Middleton			Cell Phone
Ride Leader:			
Ride Leader:			
Go	Onto	Miles	Total
	Start Vilas Shelter Parking Lot		
L	Vilas Park Dr	0.6	0.6
R	McCaffery Dr (Arboretum)	3.0	3.6
L	Seminole Hwy	4.4	8.0
R	Whalen Rd	0.4	8.4
L	Fitchburg Rd	1.5	9.9
R	Cty Hwy M	0.2	10.1
L	Borchert Rd	1.3	11.4
R	Purcell Rd	1.5	12.9
R	Cty Hwy PB	0.4	13.3
L	Sunset Dr	1.5	14.8
R	St Hwy 69	0.2	15.0
R	Locust Dr	1.8	16.8
L	Bruce St	0.5	17.3
R	Paoli St	0.4	17.7
L	S Nine Mound Rd	2.6	20.3
L	Cty Hwy PD	1.8	22.1
R	Timber La	0.5	22.6
L	Paulson Rd	1.4	24.0
R	Cty Hwy J	0.5	24.5
R	Cty Hwy J	1.5	26.0
R	Maurer Rd	0.7	26.7
L	Timber La	1.7	28.4
R	Summerfield Dr	1.2	29.6
L	Goth Rd	0.1	29.7
R	W Old Sauk Rd	0.7	30.4
R	Pioneer Rd	2.0	32.4
L	Valley View Rd	0.3	32.7
R	Meadow Rd	1.0	33.7
R	Midtown Rd	0.5	34.2
L	Shady Oak La	1.6	35.8
L	Cty Hwy PD	0.3	36.1
R	N Nine Mound Rd	0.7	36.8
L	Cross Country Rd	3.0	39.8
R	Maple Grove Dr	0.8	40.6
S	Cty Hwy PB	0.2	40.8
L	Military Ridge Bike Trail	2.7	43.5
S	Verona Rd Frontage Rd	0.5	44.0
R	Capital City Bike Trail	1.3	45.3
L	Seminole Hwy	1.0	46.3
R	McCaffery Dr (Arboretum)	3.0	49.3
L	Vilas Park Dr	0.6	49.9
	End Vilas Shelter Parking Lot		49.9

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Ride Leader:		
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	Start Vilas Shelter Parking Lot	
L	Vilas Park Dr	0.6
R	McCaffery Dr (Arboretum)	3.0
L	Seminole Hwy	4.4
R	Whalen Rd	0.4
L	Fitchburg Rd	1.5
R	Cty Hwy M	0.2
L	Borchert Rd	1.3
R	Purcell Rd	1.5
R	Cty Hwy PB	0.4
L	Sunset Dr	1.5
R	St Hwy 69	0.2
R	Locust Dr	1.8
L	Bruce St	0.5
R	Paoli St	0.4
L	S Nine Mound Rd	2.6
L	Cty Hwy PD	1.8
R	Timber La	0.5
L	Paulson Rd	1.4
R	Cty Hwy J	0.5
R	Cty Hwy J	1.5
R	Maurer Rd	0.7
L	Timber La	1.7
R	Summerfield Dr	1.2
L	Goth Rd	0.1
R	W Old Sauk Rd	0.7
R	Pioneer Rd	2.0
L	Valley View Rd	0.3
R	Meadow Rd	1.0
R	Midtown Rd	0.5
L	Shady Oak La	1.6
L	Cty Hwy PD	0.3
R	N Nine Mound Rd	0.7
L	Cross Country Rd	3.0
R	Maple Grove Dr	0.8
S	Cty Hwy PB	0.2
L	Military Ridge Bike Trail	2.7
S	Verona Rd Frontage Rd	0.5
R	Capital City Bike Trail	1.3
L	Seminole Hwy	1.0
R	McCaffery Dr (Arboretum)	3.0
L	Vilas Park Dr	0.6
	End Vilas Shelter Parking Lot	

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Total
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36.8
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43.5
44.0
45.3
46.3
49.3
49.9
49.9