

| ACT Training Ride Vilas-Cooksville- Evansville-Brooklyn-Oregon | | | | ACT Training Ride Vilas-Cooksville- Evansville-Brooklyn-Oregon | | | |
|---|----------------------------------|-------|------------|---|--------------------------|-------|------------|
| | | | Cell Phone | | | | Cell Phone |
| Ride Leader: | | | | Ride Leader: | | | |
| Ride Leader: | | | | Ride Leader: | | | |
| Go | Onto | Miles | Total | Go | Onto | Miles | Total |
| Start Vilas Park Shelter Parking Lot | | | | Oregon | | | |
| L | Vilas Park Drive | 0.6 | 0.6 | L | S. Main Street | 1.3 | 46.4 |
| Fwd | Wingra Creek Bike Path | 1.7 | 2.3 | R | E. Netherwood Road | 0.8 | 47.2 |
| R | Olin-Turville Dr | 0.2 | 2.5 | S | Rutland Dunn Town Line | 1.0 | 48.2 |
| Fwd | John Nolen Bike Path | 0.8 | 3.3 | L | Sand Hill Road | 2.3 | 50.5 |
| R | Bike Path under Beltline | 0.2 | 3.5 | L | County Road B | 1.1 | 51.6 |
| Fwd | Capital City Trail | 1.6 | 5.1 | R | Lalor Road | 2.3 | 53.9 |
| L | Lake Farm Road | 1.7 | 6.8 | R | Goodland Park Road | 0.7 | 54.6 |
| R | Goodland Park Road | 0.7 | 7.5 | L | Lake Farm Road | 1.7 | 56.3 |
| L | Lalor Road | 2.3 | 9.8 | R | Capital City Bike Trail | 1.6 | 57.9 |
| L | County Road B | 1.1 | 10.9 | S | Bike Path under Beltline | 0.2 | 58.1 |
| R | Sandhill Road | 2.3 | 13.2 | L | John Nolen Bike Path | 0.8 | 58.9 |
| L | Rutland Dunn Townline Road | 3.6 | 16.8 | Fwd | Olin-Turville Ct | 0.2 | 59.1 |
| R | Rutland Dunn Townline Road | 0.5 | 17.3 | L | Wingra Bike Path | 1.7 | 60.8 |
| Don't go straight on Lake Kegonsa. | | | | L | Vilas Park Drive | 0.6 | 61.4 |
| R | Starr School Road | 2.8 | 20.1 | End Vilas Park Shelter Parking Lot | | | |
| R | Cty Rd A Bend R before stop sign | 0.2 | 20.3 | | | | |
| S | Bass Lake Road- sign twisted | 1.2 | 21.5 | | | | |
| R | Old Stone Road | 0.3 | 21.8 | | | | |
| L | 1st left no sign Danks Rd. | 2.5 | 24.3 | | | | |
| L | 1st left after Old Stage Rd | 0.5 | 24.8 | | | | |
| R | State Road 138 -Be careful | 0.7 | 25.5 | | | | |
| Cooksville Stop at General Store | | | | | | | |
| S | Tolles Road - begins at SR 59 | 1.8 | 27.3 | | | | |
| R | Bullard Road | 2.5 | 29.8 | | | | |
| L | Territorial Road | 0.3 | 30.1 | | | | |
| R | Cemetery Road | 1.7 | 31.8 | | | | |
| R | US 14 | 0.2 | 32.0 | | | | |
| Evansville | | | | | | | |
| S | Main Street | 0.3 | 32.3 | | | | |
| R | Madison | 0.1 | 32.4 | | | | |
| L | Montgomery | 0.1 | 32.5 | | | | |
| L | N.1st | 0.1 | 32.6 | | | | |
| R | Main Street | 0.3 | 32.9 | | | | |
| R | N. 4th [County C] | 0.8 | 33.7 | | | | |
| R | Evansville-Brooklyn Road | 2.2 | 35.9 | | | | |
| S | Crocker Road | 1.9 | 37.8 | | | | |
| L | Holt Road | 1.2 | 39.0 | | | | |
| R | SR 104-S. Rutland-County T | 0.4 | 39.4 | | | | |
| Brooklyn | | | | | | | |
| L | SR 92 [Main] | 0.7 | 40.1 | | | | |
| R | Union Road | 4.9 | 45.0 | | | | |
| R | Perry Parkway | 0.1 | 45.1 | | | | |
| Oregon | | | | | | | |
| See Next Column | | | | | | | |